Confidential Patient Information

Coulee Health
920 WI-16 Suite A
West Salem, WI 54669

(608) 612-0777 Phone
(608) 807-5142 Fax
www.couleehealth.com

Date:_____/______/_______

Patient's Full Name ____

Mailing Address:____ City:________________ State:_______ Zip:_____________

Cell Phone: _______-________-________ Additional Phone: _____-______-______ E-Mail: ______________________________

☐ Male ☐ Female Date of Birth:_____/____/______ ☐ Married ☐ Single ☐ Widowed ☐ Separated ☐ Divorced

Spouse's Name:_______________________ Number of Children/Ages____

Currently pregnant: ☐ Yes ____ weeks ☐ No # of vaginal births:____ # of Cesarean births: ____

How did you find us?

☐ Existing Patient
Name:______________
☐ Physician
Name:______________
☐ Friend
Name:______________
☐ Google
☐ Facebook
☐ Instagram
☐ Other____________________
☐ Office Website
☐ Other Website:___________

Social Security # ________ - ________ - ________

Status: ☐ Employed ☐ Full Time Student ☐ Part Time Student ☐ Retired ☐ Unemployed Occupation:___________________

Employer:______________________

Emergency Contact:______________________________ Relationship:______________________ Phone: _______-________-________

Family Physician: __________________________ City: _________________________ State:____________ Phone_________________

Previous Chiropractic Care: ☐ Yes ☐ No If Yes, for what Problem: ____

Chiropractor's Name/Location ____ ______________________________ ________________

Is Today's Visit Due To An Auto Accident: ☐ Yes ☐ No
(If yes, please check with receptionist, additional information is needed)

Date of Injury:_______________________

Authorization of Release

In consideration of your undertaking to care for me, I agree to the following:

1. You are authorized to release **any information** you deem appropriate concerning my physical or emotional condition, health history, or billing and payment history to any insurance company, attorney, or adjuster for the purpose of any claim for reimbursement of charges incurred by me.
2. I authorize my attorney and/or any insurance company to make **direct payment to you** of settlement proceeds.
3. I hereby assign and transfer to you the cause of action that exists in my favor against any insurance company obligated by contractual agreement to make payment to me or to you for the charges made for your service. I authorize you to prosecute said action either in my name. I further authorize you to compromise, settle, or otherwise resolve said claim as you see fit. I understand that whatever amounts you do not collect from insurance companies, whether it be all or part of what was due, **I personally owe to you**.
4. I further agree that this Authorization and Assignment is irrevocable until all moneys owed to you (Coulee Health, Spine and Bodyworks, LLC) are **paid in full**.

Patient Signature:___________________________________ **Date:**_____/______/___________

Dear Patient: Please complete this form and questionnaire. If you need assistance, please ask. Your answers will help us determine if chiropractic care can help you. If we do not sincerely believe your condition will respond satisfactorily, we will not accept your case. THANK YOU.

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Present complaint(s):____

When did your symptoms begin? (Specific date if possible)______________________________

How did your symptoms begin? (i.e. Lifting, ect.)______________________________

In the past have you had anything similar to this? ☐ Yes ☐ No Please explain______________________________

If applicable, please select one of the following reasons for your visit:

☐ Pregnancy ☐ Diastasis Rectus Abdominis ☐ Pelvic Floor Dysfunction ☐ Wellness

Is your Pain:	Was the Onset:	Pain is aggravated by:		Pain is improved by:	
☐ Increasing	☐ Gradual	☐ Walking	☐ Lifting	☐ Medication	☐ Chiropractic Adjustment
☐ Decreasing	☐ Sudden	☐ Sitting	☐ Bending	☐ Rest	☐ Ice
☐ Not Changing		☐ Riding in a car	☐ Stretching	☐ Exercise	☐ Heat
☐ Varies		☐ Standing	☐ Twisting	☐ Therapy	
		☐ Other____________		☐ Other____________	

☐ Yes ☐ No Is pain affecting your ability to work or be active? If Yes explain:______________________________

☐ Yes ☐ No Any change in bowel/bladder function, including stress incontinence? If Yes explain:______________________________

☐ Yes ☐ No Any fever or chills? If Yes explain:______________________________

☐ Yes ☐ No Any dizziness associated with symptoms? If Yes explain:______________________________

☐ Yes ☐ No Have you experienced any unexplained weight loss, fatigue, or blood loss? If Yes explain:______________________________

☐ Yes ☐ No Are your complaints affecting your sleep? If Yes explain:______________________________

☐ Yes ☐ No Have you had any tests for this complaint? (i.e. x-rays, MRI, CT) If Yes explain:______________________________

☐ Yes ☐ No Any recent falls / accidents / surgeries / broken bones? If Yes explain:______________________________

☐ Yes ☐ No Have you seen any other physicians in the past 6 months? If Yes explain:______________________________

☐ Yes ☐ No Have you had any prior treatment, including any physical therapy? If Yes, what treatment?______________________________

☐ Yes ☐ No Have you been in the hospital or had surgery for any reason? If Yes explain:______________________________

☐ Yes ☐ No Have you ever been in an accident? If Yes explain:______________________________

What **non-prescription** medication are you taking?

☐ Tylenol ☐ Aspirin
☐ Ibuprofen ☐ None
☐ Other__________________

How often?
☐Daily ☐Weekly ☐Other:____________

What **Prescription** medication are you taking?

☐ Anti-inflammatory ☐ Birth Control Pill ☐ Nerve Pills
☐ Pain Killers ☐ Cholesterol Meds ☐ HRT
☐ Muscle Relaxers ☐ Insulin ☐ Sleeping Aid
☐ Blood Pressure Meds ☐ Thyroid Meds ☐ Recent Antibiotics

☐ Other______________________________ ☐ None
Specific names if possible:______________________________

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☐ Yes ☐ No Do you smoke? If Yes how much?:____

If you have quit smoking, when did you quit?____

☐ Yes ☐ No Do you consume alcohol more than socially?

☐ Yes ☐ No Do you exercise? If Yes what is your routine?____

Please circle regular dietary intake: fruits vegetables meats grains dairy products nuts/seeds/berries sugars Paleo/Primal gluten-free

What type of care are you interested in: ☐ Pain relief only ☐ Healing of current condition ☐ Optimizing your health ☐ All three

FAMILY HISTORY AND HEALTH STATUS: list any diseases, disorders, or major illnesses. If deceased, from what?

Mother:_______________________________ Father:_______________________________

Brother(s):_______________________________ Sister(s):_______________________________

Other:_______________________________ Other:_______________________________

Other health concerns?____

Name: ____ Date: _________________

Patient-Specific Functional Scale

Please identify at least three important activities that you are unable to do or have difficulty doing as a result of your current problem. Write these down. Then rate your ability to do the activities in the last week by circling the appropriate number.

Activity 1: ____

unable to perform 0 1 2 3 4 5 6 7 8 9 10 able to perform at pre-injury level

Activity 2: ____

unable to perform 0 1 2 3 4 5 6 7 8 9 10 able to perform at pre-injury level

Activity 3: ____

unable to perform 0 1 2 3 4 5 6 7 8 9 10 able to perform at pre-injury level

Activity 4: ____

unable to perform 0 1 2 3 4 5 6 7 8 9 10 able to perform at pre-injury level

Activity 5: ____

unable to perform 0 1 2 3 4 5 6 7 8 9 10 able to perform at pre-injury level

SCORE: Sum of individual #s divided by the total # of activities: [ ]

Patient-Specific Function Scale	% Patient Does	G Code
10	100%	0% impaired
9	90%	1-19% impaired
7-8	70-80%	20-39% impaired
5-6	50-60%	40-59% impaired
3-4	30-40%	60-79% impaired
1-2	10-20%	80-99% impaired
0	0%	100% impaired

Stratford P, Gill C, Westaway M, Binkley J. Assessing disability and change on individual patients: a report of a patient-specific measure. Physio Can. 1995; 47: 258-263.

INFORMED CONSENT

Medical doctors, chiropractic doctors, osteopaths, and physical therapists who perform manipulation are required by law to obtain your informed consent before starting treatment.

I____, do hereby give my consent to the performance of conservative noninvasive treatment to the joints and soft tissues. I understand that the procedures may consist of manipulations/adjustments involving movement of the joints and soft tissues. Physical therapy and exercises may also be used. Although spinal and extremity manipulation/adjustment is considered to be one of the safest, most effective forms of therapy for musculoskeletal problems, I am aware the there are possible risks and complications associated with these procedures as follows:

Soreness/Bruising: I am aware that like exercise it is common to experience muscle soreness and occasionally bruising in the first few treatments.

Dizziness: Temporary symptoms like dizziness and nausea can occur but are relatively rare.

Fractures/Joint Injury: I further understand that in isolated cases underlying physical defects, deformities or pathologies like weak bones from osteoporosis may render the patient susceptible to injury. When osteoporosis, degenerative disc, or other abnormality is detected, this office will proceed with extra caution.

Stroke: Although strokes happen with some frequency in our world, strokes from chiropractic adjustments are rare. I am aware that nerve or brain damage including stroke is reported to occur once in a million to once in ten million treatments. Once in a million is about the same chance as getting hit by lightning. Once in ten million is about the same chance as a normal dose of aspirin or Tylenol causing death.

Physical Therapy Burns: Some of the therapies used in this office generate heat and may rarely cause a burn. Despite precautions, if a burn is obtained, there will be a temporary increase in pain and possible blistering. This should be reported to the doctor.

Tests have been or will be performed on me to minimize the risk of any complication from treatment and I freely assume these risks.

TREATMENT RESULTS

I also understand that there are beneficial effects associated with these treatment procedures including decreased pain, improved mobility and function, and reduced muscle spasm. However, I appreciate there is no certainty that I will achieve these benefits. I realize that the practice of medicine, including chiropractic, is not an exact science and I acknowledge that no guarantee has been made to me regarding the outcome of these procedures. I agree to the performance of these procedures by my doctor and such other persons of the doctor's choosing.

ALTERNATIVE TREATMENTS AVAILABLE

Reasonable alternatives to these procedures have been explained to me including rest, home applications of therapy, prescription or over-the-counter medications, exercises and possible surgery.

Medications: Medication can be used to reduce pain or inflammation. I am aware that long-term use or overuse of medication is always a cause for concern. Drugs may mask pathology, produce inadequate or short-term relief, undesirable side effects, physical or psychological dependence, and may have to be continued indefinitely. Some medications may involve serious risks.

Rest/Exercise: It has been explained to me that simple rest is not likely to reverse pathology, although it may temporarily reduce inflammation and pain. The same is true of ice, heat or other home therapy. Prolonged bed rest contributes to weakened bones and joint stiffness. Exercises are of limited value but are not corrective of injured nerve and joint tissues.

Surgery: Surgery may be necessary for joint instability or serious disc rupture. Surgical risks may include unsuccessful outcome, complications, pain or reaction to anesthesia, and prolonged recovery.

Non-treatment: I understand the potential risks of refusing or neglecting care may include increased pain, scar/adhesion formation, restricted motion, possible nerve damage, increased inflammation, and worsening pathology. The aforementioned may complicate treatment making future recovery and rehabilitation more difficult and lengthier.

I have read or had read to me the above explanation of chiropractic treatment. Any questions I have had regarding these procedures have been answered to my satisfaction PRIOR TO MY SIGNING THIS CONSENT FORM. I have made my decision voluntarily and freely.

To attest to my consent to these procedures, I hereby affix my signature to this authorization for treatment.

Signature of Patient:____ Date:_____________________________

Signature of Parent or Guardian:____________________________________ Date:_____________________________
(if a minor)

Signature of Witness:____ Date:_____________________________

Financial/Privacy Policy and Disclaimer

Collection of Patient Balance

- If insurance is to be filed, benefits and patient responsibility will be determined promptly.
- Patient will be financially responsible for services deemed not covered by insurance company.
- Payment is expected at the time of service.
- If payment is not rendered at the time of service, the patient is expected to remit payment within 30 days of the patient visit.
- All balances remaining unpaid after 30 days may be turned over to a collection agency.
- Patient will provide a valid photo ID if insurance is to be filed.

Returned Checks

- It is our policy to collect $25.00 for checks that are returned to us. This is to cover any fees that apply from the transaction.

Appointments

- If unable to keep an appointment, as a courtesy to our staff and other patients, please give 24-hour notice. Coulee Health will offer a courtesy two missed appointments without adequate notice. **After two (2) missed/canceled visits without 24-hour notice, the patient will be charged $50.00 for each visit that is missed.** The patient will be responsible for payment.

Financial Policy Questions

- We are happy to address questions regarding you account at any time. Please direct accounting questions to our billing administrator, Erica Boland.

HIPAA Privacy Policy

- Coulee Health will not share your information without your permission. Upon request, the HIPAA Notice of Privacy Practices Policy is available for you**.** By signing below, the patient acknowledges that he/she has access to the HIPAA Privacy Policy and that he/she understands and will comply with our financial policies.

Designation of Authorized Representative

- I do hereby designate Coulee Health to the full extent permissible under the Employee Retirement income Security Act of 1974 ("ERISA") and as provided in 29 CFR 2560-503-1(b)4 to otherwise act on my behalf to pursue claims and exercise all rights connected with my employee health care benefit plan, with respect to any medical or other health care expense(s) incurred as a result of the services I receive from Coulee Health. These rights include the right to act on my be-half with respect to initial determinations of claims, to pursue appeals of benefit determinations under the plan, to obtain records, and to claim on my behalf such medical or other health care service benefits, health care benefit plan reimbursement and to pursue any other applicable remedies.

IRREVOCABLE Power of Attorney

- I do hereby authorize Coulee Health, Spine and Bodyworks to act on my behalf to pursue claims and exercise all rights in order to collect payments with respect to any medical or other health care expense(s) incurred as a result of the services I receive from Coulee Health.

Coulee Health Non-discrimination Policy

- Coulee Health does not discriminate on the basis of age, race, creed, color, disability, pregnancy, marital or parental status, religion, sex, citizenship, national origin, ancestry, socioeconomic status, sexual orientation, gender identity, gender expression, or gender nonconformity. Such discrimination will not be tolerated on our premises or at in person or virtual events. Persons who partake in such discrimination will be alerted to the unacceptable behavior. Should it happen again, person[s] will.be asked to remove themselves from the physical or virtual space.

________________________________ ________________

Patient Signature **Date**